



#ShowMeYourTable

Multiple Myeloma is a rare cancer of blood plasma cells. MM treatments have advanced quite a bit over the years but the disease still desperately needs a cure. When Beaufortonian Steve Mix was diagnosed with MM in February, his daughter Caroline Mix Stapleton created a Multiple Myeloma Research Foundation (MMRF) Facebook page to support her father and to solicit funds for study and testing.

Proceeds from Caroline's fun and delicious virtual fundraiser will subsidize the quest to help Steve and many other MM patients. The concept is great and simple! Instead of going out for dinner, prepare your meal, set your table, take a photo of your tablescape and post it on #showmeyourtable. Then, donate the money that you would have spent at a restaurant to MMRF through Caroline's "Dine in For MM" page on Facebook. The recipes this week are from Vince's and my offering. We've all been touched by cancer at one time or another. It's time to find a cure. Please join Vince and me in supporting Steve, Caroline and the entire Mix family by participating in this creative crusade. #ShowMeYourTable

Pesto-Panko Rack of Lamb



1/2 rack of lamb (1/2 rack) well trimmed and roasted in a cast iron skillet with olive oil and herbs. The lamb is served with a green herb sauce and a golden breadcrumb crust.



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